***Resource Checklist for Communication in Human and Family Relations***

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| **Topics** | **Resources** |
| The process of Communication, Improving Communication Skills | **Book:** Understanding Human Communication, Interpersonal Communication-everyday encounters, Effective Communication for Public Relation**Web Link:**Process of communication <https://www.slideshare.net/drjayeshpatidar/communication-process-26090063>Improving Communication Skills<https://kortschakcenter.usc.edu/wp-content/uploads/2015/05/Workshop-Presentation-condensed.pdf> |
| Functions of Interpersonal and intrapersonal Communication | **Book:** Effective Communication Skills for Public Relations, Interpersonal Communication-everyday encounters, Understanding Human Communication, Effective Communication for Public Relation**Web Link:****Interpersonal And Intrapersonal Communication**<http://faculty.buffalostate.edu/smithrd/UAE%20Communication/Unit4.pdf> |
| Stages of relationship development: self disclosure within relationships, Conflict within relationships, improving efforts to resolve conflicts, Building self-esteem and self concept. | **Book:**Interpersonal Communication-everyday encounters, Understanding Human Communication,  |
| Communication in families: Basic family processes and communication, Communication within family subsystems, Communication and family stress, developmental issues, improving family communication. | **Book:** Handbook of Family Communication, Interpersonal Communication-everyday encounters, Family Communication**Web Link:**Families, Communication And Family Communication[http://www.ffri.hr/~ibrdar/komunikacija/seminari/Le%20Poire,%202005%20-%20Family%20communication%20(Chapter1).pdf](http://www.ffri.hr/~ibrdar/komunikacija/seminari/Le%20Poire%2C%202005%20-%20Family%20communication%20%28Chapter1%29.pdf)Types of Communication within family subsystem <https://www.pubs.ext.vt.edu/content/dam/pubs_ext_vt_edu/350/350-092/350-092_pdf.pdf>Family Communication<https://he.kendallhunt.com/sites/default/files/heupload/pdfs/Ch13_Eichhorn_2e.pdf> |
| Human Communication and Problem Solving: Creating a positive communication climate | **Book:** Interpersonal Communication-everyday encounters,**Web Link:**Understanding communication climate<https://smartamarketing.wordpress.com/2011/01/22/creating-an-effective-communication-climate/>Video:<https://www.youtube.com/watch?v=NwtUwavHrgQ> |
| Solving problems as a group, Dyadic and small-group communication. | **Book:** Understanding Human Communication (Chapter 9)**PDF Doc** : Human Communication & Verbal Problem Solving**Web Link:**Dyadic Communication PPT1<https://www.slideshare.net/KeMaryGraceWoo/dyadic-communication-43781741>PPT2<https://www.slideshare.net/TinkuKumar1/dyadic-communication?next_slideshow=1>Small Group Communication<https://open.lib.umn.edu/communication/chapter/13-1-understanding-small-groups/>**Recorded PPt Link**<https://www.youtube.com/watch?v=BIYNoJCbTNg&feature=youtu.be> |